

SLUDGE: What You Can Do!

There is growing agreement among citizens and scientists that the 503 federal ruling concerning sludge management needs serious re-evaluation and improvement to protect America's health and safety of our food and water supply. A moratorium of the land application of sewage sludge must be implemented until it is proven safe. In many locations, sludge is used as an alternative & renewable fuel source – options to poisoning our land and water.

You Are What You Eat

1. Chose USDA certified organic whenever possible.
2. Purchase from "sludge-free" food companies who pledge not to use sludge on their fields or livestock – check our list.
3. Contact your favorite food companies and grocery stores; let them know what you think!

Make Wise Purchasing Choices

1. Choose household cleaners, detergents and personal care products that are "greener" – if we don't put it down the drain, we don't have to clean it up later.
2. Stop buying antibacterial soap – studies and the AMA agree that this contributes to the growth antibiotic resistant bacteria, such as MRSA.
3. Watch your bagged fertilizer – check our list of which is bagged sludge and which is not for your home gardening needs. Re-evaluate those garden chemicals, too!

Become The Best Lobbyist

1. Contact elected officials at every level – each level of government controls a different aspect of this issue. Check our website links for your elected representatives.
2. Keep our "Talking Points" list with your elected official's phone numbers by the phone and call often. Your influence and pressure is what makes "We the People" so important!
3. Be sure the local and federal EPA & DEP feel the love – make these "watchdogs" accountable for your tax dollars, not for big business!

Get Involved! Join United Sludge-Free Alliance:

1. Sign up for our email updates, current events, and actions.
2. Volunteer to help or donate to defray educational outreach costs.
3. Ask the organizations that you are involved in to take an interest and join the network. Contact us for more info on how safe food and water is every ones business.
4. Create a group of concerned citizens in your community!

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610-823-8258 * www.usludgefree.org**