

UNITED SLUDGE-FREE ALLIANCE

THE TOILET PAPER

“BECAUSE SEWAGE SLUDGE DOESN'T BELONG IN OUR FOOD, WATER AND COMMUNITIES”

NOVEMBER 2017

At United Sludge Free Alliance, we have had a very busy Summer networking and investigating ways to reach you and your neighbors about the health and safety risks of pouring our sewage sludge wastes where we eat, drink and play.

WELCOME! to all our new contacts who are making an effort to make a difference in the future of our food, water, farmlands, playgrounds and planet. How can you get involved? Check our website and Facebook for updates, you are worth a clean, health food and water future. Let's to learn here, read on and pass it on!



Join Our Work on Making Your Food Sludge Free - Please make your tax-deductible donate NOW:

<http://usludgefree.org/donations>

USFA Original Articles:

Don't Put That in Your Mouth!

Darree Sicher, USFA founder

Celebrate the harvest, pull up a chair to gather around the table with friends, enjoy a meal together. Wait - where was that food grown? Did your tofu or baby formula come from soy bean fields treated with sewage sludge waste? Or were your California vegetables irrigated with the liquids from waste water treatment plants? If so, then you are slowly adding to the buildup of chemical contaminants that impact your health, the health of your family and the environment we all rely on for our future. What does it all mean?

Everything that was just flushed down the drain of your local industry and hospital washed down to your local waste water treatment plant. This means that all the chemicals and bacteria and pharmaceuticals got mixed together with the solid physical human waste, aka your feces, creating an inseparable mess. The solid waste that remains after the sewage is squeezed and “treated” with heat and more chemicals is called sewage sludge (or “biosolids” by those making an income from marketing the waste as a false fertilizer to farmers or sold to unsuspecting landscapers and home gardeners). Without a doubt, the liquids, or effluence, that are released from the waste water treatment plants are cleaner than what goes into the facility, but the contaminants still remain. And the cleaner the effluence, the more contaminated the solid sewage sludge waste.

Absence of Proof Is Not Proof of Absence:

With no testing requirements for any pharmaceuticals or chemicals in either the liquid or solid sewage wastes, bacteria mixes with pharmaceuticals, adding to our national antibiotic-resistance problem. Antibiotic-resistance

means when you become ill or hospitalized, there are less and less drug options available to help you recover. Most unsettling, there are industry-resistant studies that show that the plants and animal that we consume can soak-up the various contaminants into the body of the plant or animal. The contamination cannot be washed off, it is inside the very foods we reach for. Remember, the plants cannot decide to soak up the useful fertilizers like nitrogen but “skip” the flame retardants that are found in every sample of sewage sludge nationally. Industry-resistant studies also point to long-term health problems like endocrine disrupting chemicals that effect our bodily functions like digestion, weight gain, sexual and reproductive health. Now what do you do?

If You Are What You Eat, Do You Want to Eat Sewage Sludge?



Sewage waste contamination is vast and insidious - and marketed as “not a big deal” because the multi-billion-dollar industries influence the very bureaucracies, like EPA and USDA, and politicians who are supposed to be protecting us. But as the weight of contamination builds up in our waterways, our soils, our food systems and our bodies, we must change the business model from proving that we are getting sick from contamination (both physically and environmentally) to avoiding or eliminating the contaminations that we know to be dangerous. Join us now with the following petition and in our efforts to identify and promote companies and organizations that pledge to be sludge-free in both our foods and fertilizers:

- look for the US Organic label, which, now maintains that sewage sludge is **NOT** acceptable for food products. Be aware that national organic standards are in jeopardy at this time.
- look for Certified Naturally Grown labeling, a network of accountable farms, farmers and concerned eaters:
www.cngfarming.org
- request from your farmer and grocery stores that you are interested in knowing if your foods are grown using sewage sludge/biosolids
- encourage organizations to take a policy position opposed to using sewage sludge wastes as fertilizers or for irrigation, following the lead of organization like the Sierra Club and Organic Consumer Association.
- Help us create sewage sludge labeling opportunities, pass on this newsletter, check our website - www.usludgefree.org & www.facebook.com/sludgefreealliance
- AND please make a financial donation to keep us going!

<https://www.ewg.org/release/toxic-chemicals-may-contaminate-oil-field-wastewater-used-grow-calif-crops#.WftvE4ZrzUo>

SIGN THIS: Support the Right to Know if Your Food Was Grown with Sewage Sludge

Passage of a new bill would allow us to know if our food was grown on land where sewage sludge was applied.

Why This Matters? Did you know some of the food you eat may be grown on farmland where municipal and industrial sewage sludge is spread? Where your crops are grown and farm animals graze? Chances are you did not. Nonetheless, food is grown across this country in municipal/industrial sewage sludge, and compost used to grow crops that contains this sludge can contain thousands of contaminants and some pathogens.



Plants and animals can take up some of the contaminants. These toxins then pass up the food chain, creating potential health problems. The sludge on farmland and in compost can be harmful to humans, wildlife and pets to eat, touch and breathe. Therefore, it is vital food and compost contaminated by sewage sludge be labeled on a national scale, and passage of the Sludge in Food Notifications Act, sponsored by New York Congressman Jose Serrano, would help to make this a reality.

<https://www.addup.org/campaigns/support-the-right-to-know-if-your-food-was-grown-with-sewage-sludge>

FARM AID: Once again, we had a wonderful time talking with folks and loving the music at the 2017 Farm Aid Concert in the HOMEGROWN Village

www.farmaid.org/concert/the-homegrown-village

Founded 32 years ago by Willie Nelson, Neil Young, John Mellencamp and Dave Matthews, Farm Aid Concert travels to a new location throughout the nation every year to raise funds for family farmers.



This year, many funds are being donated to farm communities who suffered from the outrageous 2017 hurricane season. Way to go, guys and thanks for taking care of our farmers!
<https://www.farmaid.org>.

HELP SPREAD THE WORD ABOUT THE TURD!

CIRCULATE THIS NEWSLETTER,
GET OUR ARTICLE PUBLISHED
AND DONATE!

United Sludge Free Alliance is reorganizing to reach more people about the health and safety risks of sewage sludge wastes on your food, water and community.

Send this newsletter far and wide, get the original article published on-line or in local media outlets (give us a 'heads-up' please) and make your tax-deductible donation on our website. Help us to help your future!

**usludgefree.org/donations &
www.facebook.com/sludgefreealliance**

United Sludge Free Alliance:
www.usludgefree.org: 610-823-8258
PO Box 39, Kempton, PA 19529

Don't Put Mercury Fillings in Your Mouth Either

Did you know that over 300 tonnes of mercury enters our environment annually via dental fillings? We are proud to be part of a support alliance with: the Campaign for Mercury-Free Dentistry, goal to phase out the use of amalgam, a 50% mercury product -- worldwide. The recently concluded draft mercury treaty requires each signing nation to phase down its use of amalgam, and it provides a road map how. Pathways to the environment: Dental mercury enters the environment via many different pathways. For example, dental mercury pollutes:

- Air via human cremation, sewage sludge and waste incineration, and dental clinic emissions
- Water via human waste disposal and dental clinic releases
- Land via landfills, human burials, and fertilizers
- Environmental health risks

After amalgam enters the environment, it can change its elemental mercury into methylmercury, a highly toxic form of mercury that builds up in fish, shellfish, and people that eat fish. Methylmercury can damage children's developing brains and nervous systems even before they are born.

www.toxicteeth.org

“Our mission is to provide educational information on the health and safety risks to our food, water, communities and environment of the backwards and dangerous use of sewage sludge wastes as a false fertilizer and irrigation supply.”

Contact Us:

**UNITED SLUDGE FREE
ALLIANCE**

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